## **SYMBOLS**

- **MONUMENTS**
- **MUSEUMS**
- ARCHAEOLOGICAL REMAINS
- CASTLE-RAMPART
- **TOWER**
- SPA
- **\*\* PANORAMIC VIEW**
- **HANDICRAFTS-LOOM**
- RECREATION AREA
- TREKKING
- CYCLETOURISM
- PARAGLIDING
- horseback routes
- → SNOW SPORTS
- DOWNHILL SKIING
- SKI STATION
- **K** CLIMBER
- WATER SPORTS
- GOLF
- FISCHING
- CAMPSITES
- MOUNTAIN PASS
- ♣ AIRPORT
- RAILWAY
- AUTOROUTE
- A ROAD
- B ROAD
- LOCAL ROAD
- NATURAL PARK LIMIT
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# España Granada Andalucía Baza - Huéscar El Altiplano Guadix y Marquesado Granada Sierra Nevada Alpujarra - Valle de Lecrin Costa Tropical

4 A Tropical Paradise

5 The gateway to the Mediterranean

6 The bastion of the coast

8 A fortress of cultures

10 Contrasting Beaches

12 Traditions with a distinctive flavour

14 Fiestas and Culture

16 Natural Spaces

18 For the more active visitor

Route 1- Almuñécar
Cradle of the Mediterranean culture

6 Route 2- Motril Watching over the coast

30 Route 3- Salobreña The taste of Andalusia

Route 4- The eastern part of the Costa Tropical Looking over the Mediterranean

36 Rou<mark>te</mark> 5- Inland villages A simple charm

40 Useful information

50 Provincial map

# A Tropical Paradise

# The gateway to the Mediterranean



The sea and the sierras embrace this land and its rich cultural legacy which, due to its strategic position watching over the coastline, was much coveted by the most powerful civilisations.

Beaches, coves, beautiful scenery, quiet coastal and inland towns: these are perhaps the main attractions of an area with a **subtropical climate** and mild temperatures all year round which makes an ideal destination for a dream-like holiday.

The Granadan **Costa Tropical**, on the Mediterranean coast, is to the south of the province. To get there, one option is to take a plane to the airports of Almería, Malaga or Granada. By road the best access is via the A-92 which links with the N-323, much of which is motorway, or, from the Costa del Sol or Almería, through the network of national and local roads which run parallel to the coast.

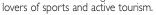
GRANADA

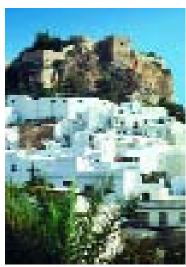
Lenteji
Otivar O Molvizar Polopos
Otivar O Molvizar Polopos
N 340 Albunol
N 340 Albunol
Almunécar

Almunécar

Colossal Muslim fortresses and castles stand majestically above small coastal towns, next to marinas or well-developed seaside resorts. In the background stands the Sierra Nevada, above the steep gorges and cliffs which overlook paradiselike coves. The Costa Tropical is a land of contrasts which offers visitors a wide variety of possibilities.

The heritage and valuable archaeological remains which are conserved in the simple but charming towns and villages of the area should not be missed by anyone. There are also breathtaking natural areas which will delight





View of Salobreña



# The bastion of the coast

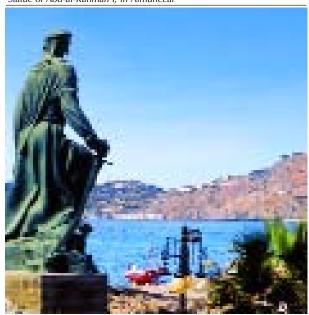
Due to their strategic situation, the towns and villages which stretch along the Granadan Costa Tropical, were much coveted by the numerous civilisations which chose the area to settle. Phoenicians, Romans, Muslims and Christians were captivated by its excellent climate of mild temperatures and its situation at the foot of a fertile valley sheltered by the Granadan sierras.

The remains found in the area are evidence of the existence of human settlements in the Neolithic, Bronze Age, and Argaric periods. The numerous peoples who lived there have left important vestiges such as the archaeological remains found in the **Cave of Los Murciélagos**, in **Albuñol**, which is one of the most important Neolithic sites in the Iberian Peninsula.

It was the Phoenicians however, expert traders and sailors from Asia Minor, who settled in the area's fertile lands and developed a buoyant economy based on mercantile traffic, agricultural production, and fish-salting. During this period the Phoenician-Punic Sexi (Almuñécar) became one of the most important commercial ports in the Mediterranean and its relevance was highlighted by ancient writers such as Strabon and Pliny "the Elder".

Under the Romans, who inherited the infrastructures and potential which had been developed by their predecessors, **Salobreña's** economy benefited from the fact that the town formed part of the route that linked Castulo with *Malaka*, whilst in **Almuñécar** the Imperior

Statue of Abd-al-Rahman I, in Almuñécar



rial period saw the construction of great monuments which have survived the passage of time.

The Costa Tropical reached the height of its splendour with the Muslims, under whose rule towns like Lentejí, Otívar, Jete, and Almuñécar became key parts of the Nasrid kingdom.

It was also during the Muslim period that the first defensive fortresses, watchtowers,

and observation posts were constructed to defend the coast from potential invaders. They proved to be of great use during the Modern Age as a means of defending the coast from attacks by the

The Christian conquest and the expulsion of the Moriscos (converted Muslims) was followed by a period of development which would last until modern times, in which the cultivation of

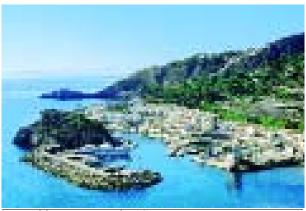
Berbers and Turkish.



Tropical crops

tropical fruits, the production of high quality wines, and the tourist industry all became important.

The legacy left by the Muslims is still clearly visible not only in the older parts of larger coastal towns like Almuñécar and Salobreña but also in small municipalities which are further inland such as Ítrabo and Jete.



Marina del Este marina, in Almuñécar

The significant number of valuable archaeological sites and monuments which remain in the area today are evidence of the numerous civilisations which have left their imprint on this land with it's wonderful climate.



Roman Aqueduct in Almuñécar

Thus, from the earliest settlers we can find valuable remains dating from the Neolithic and the Bronze Age at the Cave of El Capitán, in Lobres; Llanos de Carchuna, in Motril; El Peñón, El Hacho and El Camino de los Barreros, in Salobreña: and the Cave of Los Murciélagos, in Albuñol, where beautifully preserved basketwork from the Neolithic period has been found.

The Phoenician also left their imprint in Almuñécar, where the Necropolis of Puente de Noy is to be found. One of the most interesting features in the necropolis is a funerary casket containing a body in the foetal posture and four ceramic vases. The most important remains in the town however are those from the impressive works carried out by the Romans: an aqueduct from the Ist century AD, the Tower of El Monje, the Columbarium La Albina, and the Cave of Siete The Cave of Los Murciélagos is considered to be one of the most important Neolithic sites in the whole Iberian Peninsular.



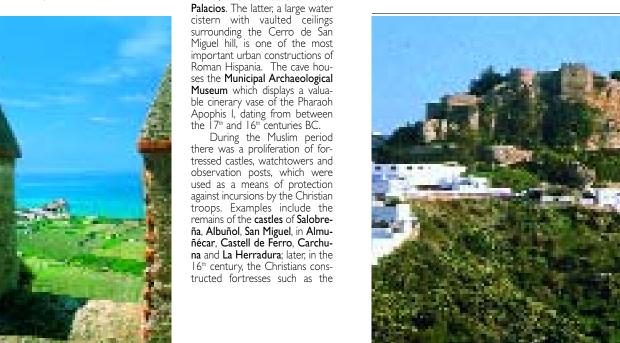
Tower of Cautor

Castillo de Baños, Numerous towers still keep watch over the area's coastline such as those of Cautor and La Instancia and others in Albuñol, Cerro Gordo, and Punta de la Mona, the last two in La

Herradura.

Examples of religious architecture are also ubiquitous in the municipalities of the Costa Tropical. Thus, there are numerous churches. such as La Encarnación, in Almuñécar, which was one of the first in the province to be built in a proto-baroque style, and the Church of La Virgen del Rosario, from the 17th century, in Albuñol.

Castle of Salobreña



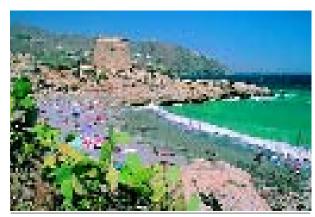


# **Contrasting Beaches**

A bright blue sky and the calm waters of the Mediterranean sea which stay warm all year round: in this wonderful setting there are a great variety of different beaches which are suitable for all kinds of visitors.



Those who like spending long hours sunbathing on the beach in the company of their family but crave the comforts offered by large tourist resorts, are sure to find the beach of their dreams in the municipalities of Motril and Almuñécar. They can while away the days relaxing and swimming on the beaches of La Herradura, San Cristóbal, El Tesorillo and Velilla – all of them in Almuñecar – or Calahonda, Poniente, Granada, Torrenueva and Carchuna, in



El Tesorillo beach (Almuñécar)



La Caleta beach (Salobreña)

10

include the beaches of La Juana, El Pozuelo, and La Rábita, in Albuñol, whilst in Salobreña, the solitary beach of La Guardia or the natural coves of El Caletón and El Pargo, which are concealed by cliffs and lie along the coast on either side of the Granadan municipality, are ideal.

For enthusiasts of naturism the beaches of Cantarriján and El Muerto, in Almuñécar, La Joya, in Motril, and El Ruso, en Albuñol offer a truly secluded paradise.

Motril. These beaches are noted for their deep and crystalline



waters and are ideal for practising marine sports, such as diving and fishing.

Lovers of peace and tranquillity, who prefer to be away from the more crowded tourist resorts, have a wide choice of sheltered and solitary coves which can be found all along the coast. Examples



The Mediterranean provides the municipalities of the area with a wide variety of delicious fish which is the basic ingredient of many traditional dishes. The tropical fruits, which are widely used to garnish seafood, vegetable, and meat dishes, add an exotic touch to the local gastronomy.

Accompanied by locally produced vegetables, or on its own, fish is cooked by capable and well-practiced hands to produce traditional recipes, such as escabeches (marinated fish), salazones (salted fish), stuffed squid, moragas de pescado and the popular espe-

tos de sardinas (sardine skewers) which are grilled on the beach.

The tropical and exotic fruit, for which the local soils



and climate are ideal, form the basic ingredient of the tastiest desserts. It is common to find delicious cherimoyas, date plums, mangos and papayas, accompanied by the exquisite sugar cane rum, which is produced both in Motril and Salobreña.

The wines produced in the

Costa Tropical are renowned in the whole province for their high quality, the most widely recognised being those from vines grown in villages like Polopos,

or the mosto (must) from Molví-

Some traditional crafts such as saddlery and barrel making, as well as esparto and wickerwork, have survived in the area. Likewise in municipa-





lities such as **Salobreña** and **Almuñécar**, there is a considerable level of production of handmade leather goods (particularly horse tack).

For visitors who are tempted to take a souvenir home as a token of their holiday, there are numerous establishments selling macramé objects - such as bags — as well as a wide range of hand crafted shawls, tapestries, decorative lamps or glass vases.







#### Bonfires at night

If there is one scene which is truly evocative of the summer months it is the bonfires which are lit on the beach to grill the typical espetos on wooden stakes. This is a job with its own particular artistry and science and can't be hurried. First of all, the cook cleans the fish without gutting them, he then cuts a few reeds, sharpens one of their ends and removes the threads as they could get lodged in between the fish bones and meat. The reeds. or espetos, are inserted from under the backbone of the fish so as to avoid the meat from falling onto the fire when it is grilled.





The fiestas celebrated in the municipalities of the Costa Tropical of Granada have a marked idiosyncratic character and reflect traditions and customs which are deeply rooted in the area.

which is taken out for a procession in July.

Folk music also plays a key part in the area's cultural life. An example of this is the **Trovo**, a type of traditional song of Arabic-Andalusian origins which is typical of some of the municipalities in the area, particularly **Albuñol**. Trovos are structured in five

line verses and are used by the locals to express their feelings and complaints and to tell stories in an improvised manner. Of considerable renown are the Andrés Segovia International Classical Guitar Festival and Song Writing



The coastal villages celebrate the Night of San Juan (with lighting of bonfires), the May Crosses, and the picturesque fiesta in honour of the Virgen del Carmen, the patron saint of seafarers,

In the summer Salobreña hosts two important events which should not be missed: the New Trends and Theatre Festival and the Luces del Alba Festival, which includes performances by some of the biggest names in flamenco.





Competition which is named after the illustrious adopted son of Almuñécar and La Herradura. It is a delight for music lovers and is held in the municipality of Almuñécar during the first week of the year.

The old Roman Sexi also hosts a jazz festival (the Festival Jazz en la Costa) – an event which in its first fifteen years of history has attracted some of the best blues, jazz and bossa nova performers - and the José Martín Recuerda Theatre Festival, in tribute to the playwright from Granada.



### **Festivals**

#### ALMUÑÉCAR

CERTAMEN INTERNACIONAL DE GUITARRA
CLÁSICA Y CONCURSO DE COMPOSICIÓN
ANDRÉS SEGOVIA

10 598630333
CERTAMEN DE TEATRO JOSÉ MARTÍN
RECUERDA
10 598838605
10 598838605
10 598838605
10 598838605

FESTIVAL JAZZ EN LA COSTA

→ 958247372

#### SALOBREÑA

FESTIVAL NUEVAS TENDENCIAS Y TEATRO

5 958610314
FESTIVAL LUCES DEL ALBA

14

In addition to the paradise-like beaches, the Costa Tropical also has other places of great natural beauty, which, throughout the year, offer visitors the possibility to interact with nature and practice a wide range of activities.



One of the largest of these covering an area of some 40,600 hectares - is the Natural Park of the Sierras of Tejeda, Almijara and Alhama, which marks the border between the provinces of Malaga and Granada. Full of history and legends about revolts and bandolero raids, these mountains form a strikingly rugged landscape of high jagged peaks, with steep escarpments and deep

The diversity of the flora is another of the features of the area. Some of the most interesting species to be found there include: Aleppo pines, fan palms, spurge olives and box. There is also a small tejeda (an area populated with yew trees) whose main point of interest is that it is the southernmost one in the Iberian Peninsula and one of the best

examples of its kind in Andalusia. The fauna includes squirrels, wild goats, and large birds of prev. which fly high over the peaks like that of La Maroma.

Nearby, between the towns of Neria and Almuñécar is Maro-Cerro Gordo Cliffs Natural Site. a natural area formed by towering dolomitic limestone cliffs loo-





The peaks in the Sierras of Tejeda, Almijara and Alhama bear a striking resemblance to the Picos de Europa, each being almost a symmetrical mirror image of the other in the Iberian Peninsula.

king down onto beautiful small coves. These craggy cliffs are pitted with numerous caves and underwater grottoes such as those of Los Genoveses and La Cajilla. The seabed in this area is covered with abundant posidonia oceanica.

Also in this area is Los Peñones de San Cristóbal,

three large crags sticking out into the sea creating a geographical milestone on the western coast of Granada and a natural mirador.

Spectacular views are also a feature of the exceptional Peña Escrita Ecological Park in Almuñécar, an unspoilt environment with a combination of three types of landscapes: the foothills of the Sierra Nevada, the high mountain villages of

the Alpujarras, and a tropical valley which appears to blend into the Mediterranean.







# For the more active visitor

The beaches and coastline of towns such as Motril, Salobreña and Almuñécar attract a large number of boats and yachts, as well as sailing, diving and windsurfing enthusiasts who fill the area with colour. In contrast to this, the natural areas which are further inland are a mecca for walkers and nature lovers who prefer to enjoy the quiet countryside and admire the rich flora and fauna.



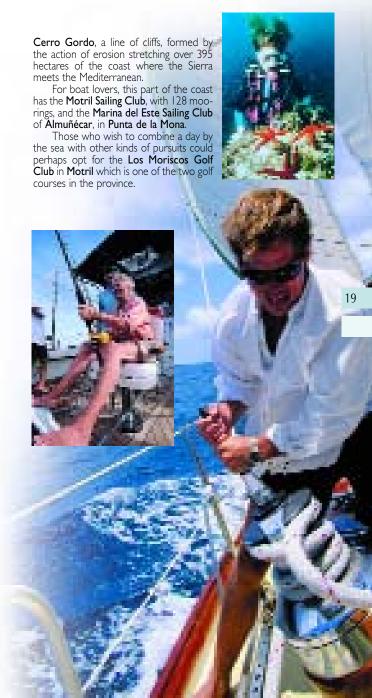
The Costa Tropical offers lovers of nautical sports an incredible range of possibilities. The beaches of Carchuna and La Herradura are ideal for windsurfing, waterskiing or sailing, experiencing the exhilarating speed of a water-bike, or simply enjoying a swim in their warm and crystalline waters.

The rich marine life of the sea-









# For the more active visitor



With its excellent climate and unique landscape, Almuñécar and the surrounding countryside is a favourite destination for lovers of hang gliding and paragliding. There are numerous take-off sites in the area such as Cerro Gordo-Cañuelo, La Herradura, Otívar, Peña Escrita, Loma del Gato, and Sierra of Lújar.

The natural areas further inland are also ideal for practising active tourism. The various footpaths and forest trails through the Sierra de Almijara and the Peña 20 Escrita Ecological Park offer visitors the possibility of following routes on horseback or in 4WD vehicles.

And for those who prefer more exhilarating experiences, there is nothing better than taking to the skies on a hang glider or paraglider, and taking in the spectacular beauty of the numerous coves, steep





cliffs and deep gorges which are dotted along the coast.
The wide choice

of activities available on the Costa Tropical also includes with trike tours, canyoneering, climbing, and trekking.







# Route 1- Almuñécar

# Cradle of the Mediterranean culture

In addition to its great historical past, Almuñécar, the cradle of Mediterranean culture, is situated in a unique enclave between the sea and the mountains, and enjoys a subtropical climate with mild temperatures all year round.



Marina del Este marina

Bathed by the warm waters of the Mediterranean and sheltered by the peaks of the Sierra Nevada, Almuñecar was founded by the Phoenicians – who called it Ex -

22

in the 8th century BC. Later the Romans were to take full advantage of the well-structured city created by their predecessors who had developed a thriving economy supported by a salt-fishing industry. During the Al-Andalus period, Almuñé-

car became the most



important coastal town in the area. It was here that Abd al-Rahman I landed in 755, fleeing from the atmosphere of unrest that befell Damascus. He then headed towards Cordoba, where he founded the Umayyad Emirate. A large bronze statue at the foot of the **Peñón del Santo** commemorates this historical event.

examples of this are the Phoenician Necropolis of Puente de Noy, the Cave of Siete Palacios, the Tower of El Monje, the Columbarium of La Albina. the Arab Castle of San Miguel, the observation posts and the Church of La Encarnación.

La Cruz del Santo is an ideal place to admire the diversity of landscapes that gives Almuñé-car such a special character.

From this natural mirador one can also get good views of the fields of tropical fruit, which, together with fish, are the essential ingredients of the rich local gastronomy.

The Roman Sexi supplied the Roman Empire with the much-coveted garum (a paste made with fish entrails), which was considered to be a great delicacy.



The legacy of the many peoples and civilisations that lived in the area is clearly reflected in the town's rich heritage. Fine



Remains of the fish-salting factory



Panoramic views of San Cristóbal beach

Its large beaches, natural areas such as the Maro-Cerro Gordo Cliffs, and its proximity to the Sierra Nevada Ski Station, make Almu**nécar** an ideal destination for lovers of nature and outdoor sports who also wish to enjoy some pea-

ce and tranquillity.

The beach of La Herradura is an ideal place for an unforgettable holiday. Forming a natural port, the bay of the municipality bearing the same name - the second largest area of population in Almuñécar – has outstanding natural

qualities which certainly didn't go unnoticed by the various maritime expedi-

tions of successive civilisations.

Herradura, which stretches between the Punta de la Mona and the Peñón de Cerro Gordo, has become the favourite destination of divers and lovers of nautical sports. Likewise, its rugged and mountainous landscapes are a



paradise for hang gliders and paragliders. In the El Majuelo Archaeological and Botanical Park it is possible to see more than 182 plant species from all the different tropical zones in the world, while the Loro Sexi Ornithological Park contains some 1,500 birds - from common doves, to spectacular peacocks, parrots, cockatoos, macaws and swans.

Far from limiting the already wide range of choices that the municipality can offer the tourist, Almuñécar has continued to grow and look for new alternatives. Thus, thanks to the numerous attractions and well-developed infrastructure, the target of becoming an important centre for hosting congresses and other

events is now becoming a reality.



El Majuelo Botanical Gardens



La Herradura beach, in Almuñécar

#### ALSO VISIT...

- Remains of the Roman aqueduct, from the 1st century AD. Of special interest are the parts found in the Torrecuevas quarter, La Carrera de la Concepción (right in the centre of the town), and the Cercado de La Santa Cruz.
- Municibal Archaeological Museum, housed in the cave of Los Siete Palacios.
- City Museum. Housed in a military pavilion from the 16th century which is conserved inside the Castle of San Miguel.
- Watch towers: Velilla, La Golondrina, La Herradura or Tamaray.
- · A pillar in Calle Real street.
- 16th century.
- Castle of La Herradura, 18th century.



Archaeological Museum

# Route 2: Motril

26

# Watching over the coast

Perched on a hill at the foot of the Sierra de Lújar, Motril, the city with the largest population in the province after Granada itself, has much to offer the visitor. Apart from its sunny beaches and marvellous climate, there is exquisite tropical produce such as sugar cane and the rich heritage of its long history.



Perched on a hill at the foot of the Sierra de Lújar, Motril, the city with the largest population in the province after Granada itself, has much to offer the visitor. Apart from its sunny beaches and marvellous climate, there is exquisite tropical produce such as sugar cane and the rich heritage of its long history.

The calm sea and the blue sky have witnessed all the different peoples who have passed through what is considered to be



View of the Sanctuary of the Virgen de la Cabeza

the capital of the **Costa Tropical**. Its origins are extremely ancient and there are even those who believe that it is the site of the legendary *Murgis*. What is without doubt is that the Moors were here, and during the Andalusí period it was an important fortress, forming part of the defences on the Granada coastline.



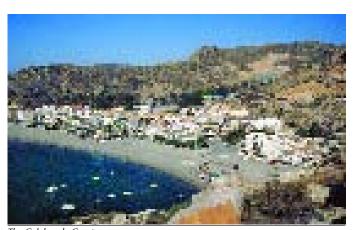
The Pueblos de América Park

Its unique location, 2 km inland from the coast, protected it during the 16<sup>th</sup> and 17<sup>th</sup> centuries from the frequent attacks by Berber pirates, and from then on it has experienced a process of continual

growth and development which has made it an important centre of communication and key point for coastal traffic.



Motril's Marina



The Calahonda Coast

One of the most attractive aspects of the town is undoubtedly its port which is important for fishing, commercial activities,

#### THE SUGAR ROUTE

Motril has concentrated its efforts in revalorising the former glory of its sugar industry, the main feature of the area for centuries. To this aim they have embarked on a series of projects such as the creation of the Centre for the Interpretation of Sugar Cane, in the Pueblos de América park, and the Pre-industrial Sugar Museum in the Casa de la Palma. The former concentrates on the history and evolution of the cultivation of sugar cane whilst the latter offers the visitor a series of full-scale reproductions of windmills, presses, and the halls used to bake the sweet bread and eliminate the residue.



also has a port is Calahonda.

The mild breezes which blow gently over beaches such as La Joya, Poniente or Carchuna, are perhaps one of the reasons why King Baldouin of Belgium had his summer residence in Motril right up until his death.

For those who prefer sightseeing the municipality offers numerous possibilities. There are extremely important archaeological sites such as those of Los Llanos de Carchuna, declared a Site of Cultural Interest, in





which Paleolithic remains and numerous cave paintings from the Neolithic and the Bronze Age have been found. Also of inte-



Interior view of the Calderón Theatre

#### ALSO VISIT...

- The Church of la Victoria, 16th century. Its main Chapel is a fine example of mannerist decorative style.
- · The Church of Capuchinos, 17th century.
- The Shrine of San Antonio, 17th century.
- · The Church of El Carmen, 17th century.
- The Town Hall. With beautiful Mudejar coffered ceilings.
- The Calderón de la Barca Theatre. 1880. Theatre designed in an Italian style. Of special note are the paintings of its ceiling depicting the Muses.
- The House of the Countess of Torre Isabel. A stately building in the Andalusian style, constructed in the second half of the 18th century. It is now a House Museum and one of Motril's most important cultural centres.

rest are the Parish Church of La Encarnación, built over the old Main Mosque, the Nuestra Señora del Pilar sugar factory, and the Sanctuary of the Virgen de la Cabeza, constructed over the residence of the mother of King Boabdil, on a hilltop with magnificent views.



# Route 3: Salobreña

# The taste of Andalusia

Salobreña is one of the most distinctive towns on the Spanish Mediterranean coast. A town of white houses which seem to climb a rocky crag, with its carefully designed urban layout and the imposing profile of the Spanish-Moorish fort, it is surrounded by a sea of tropical crops and the Mediterrane-an itself. Its mild sub-tropical climate invites visitors to enjoy the beaches and sheltered coves, or perhaps to stroll through the old town, retaining as it does, the true flavour of Andalusia, with narrow, winding streets, and picturesque corners.



The whitewashed houses of Salobreña climb the rocky crag

The town, which was the Carthaginian Selambina, the Roman Segalvina, and the Moorish Salawbiniya, has witnessed history down through the ages, and remains have even been found of the Argaric and Phoenician cultures.

During the Roman period it was part of a route which linked Cástulo with Malaka. An important fortress in the Middle Ages, it was there that the expedition of Alfonso I, the Warrior, arrived in Andalusi territory.

30

Incorporated into the Kingdom of Castile in 1489, it took part in the Alpujarras uprising in 1568-69, after which the Moriscos were expelled from the town.

In more modern times the population has concentrated in the area called la Villa, around the old Plaza del Ayuntamiento (town hall square) and the Church of Nuestra Señora del Rosario. In the 19th century the profitable sugar cane once again became a viable crop.

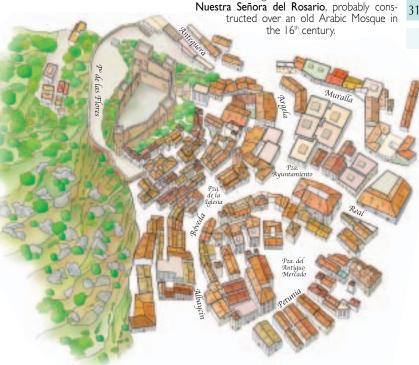




Panoramic view of the Granadan town

The Moorish castle, the real jewel of the town's monuments has been well preserved. Although the structure dates from the 13th century, its true splendour was not attained until two centuries later and it became the summer residence of the Nasrid Kings of Granada. Subsequently it was used by the Christians as a Royal Prison and a military stronghold. The outer walls still remain, as do some of the towers, amongst which the *Torre del Homenaje* (keep) is particularly notable.

Salobreña also has important archaeological remains including those in the Cave of El Capitán, El Peñón, Monte Hacho or the Camino de los Barreros. Another building of interest is the Church of



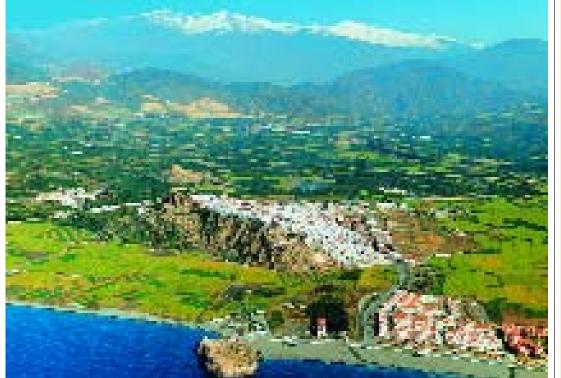
32

The historical centre of the town is made up of quarters next to, or inside the wall which formed the fortifications of Salobreña in the Middle Ages.



La Guardia beach

Aerial view of Salobreña



#### ALSO VISIT...

Bóveda de la Plaza.

A passage with vaulted ceilings which linked the Albaicín quarter with the heart of the Medina, the centre of commercial activity.

- Tower of El Brocal. The only remaining part of the wall which surrounded Salobreña.
- Paseo de las Flores.
  On this hillside the first settlers established their homes.
- Mirador del Albaicín. Situated some 98 metres above the Tajo, it offers extraordinary views of the floodplains and their sugar cane plantations, the La Caleta quarter, the beaches, the cliffs, and the Sierra del Chaparral.
- Mirador del Postigo.
  Takes its name from a secondary gate into the medieval city, known in later times as the Postigo del Mar, because it was used to gain access to the beach and the town's harbour.
- Sugar Factory. Built in 1876, the Ingenio de La Caleta plant is the only sugar cane factory operating in Europe.

# Route 4: The eastern part of the Costa Tropical

# Looking over the Mediterranean



are the main characteristics of the small villages to be found between the Alpujarras and the Mediterranean,

retaining as they do, much of the essence of Arabic Andalusia. This can be seen by the observation posts and watchtowers which almost seem to still be protecting the coast.

In **Gualchos**, situated at the foot of the Sierra de Lújar, is the fishing village of **Castell de Ferro**, one of the first tourist resorts on the coast of Granada. Of particular interest here is the **Islamic Castle**, which, for centuries, has dominated the beach.

Its rich vineyards make **Polopos** a key wine producing area. It is likely that during the Nasrid period it was part of the ancient Moorish district of *La tahá del Gran Cehel*, which was ruled by Almegíjar. It also governed villages like **Castillo de Baños**, which gives its name to its defensive fortress, and **La Mamola**, in which we can find watchtowers such as that of **Cautor** (16<sup>th</sup> century).

The southern part of the municipality of Sorvilán, where Los



Fishing village of Castell de Ferro



Yesos and Melicena are to be found, the latter with its Muslim tower, opens out onto the coast and thus receives the soft and mild breezes of the area.



Castle of La Rábita

Evidence of Albuñol's prehistoric past can be found in the famous Cave of Los Murciélagos, where a considerable number of skeletons from the Neolithic period were found, together with funerary objects and part of the cloth used to wrap the bodies.

The height of its splendour was reached during the Arabic-Anda-



lusian period, thanks to the efficient use of the agricultural resources. An important construction dating from this era is the Nasrid Castle of La Rábita, from where there magnificent views of the hidden beaches which are shared by the inhabitants of neighbouring El Pozuelo.

#### ALSO VISIT...

- Parish Church of San Miguel Arcángel, 16th century. Gualchos.
- Cave of Las Campanas. Gualchos.
- Archaeological remains and Tower of La Rijana. Castell de Ferro.
- Parish Church of Polopos, 18th century.
- Shrine of Santa Ana. Haza de Trigo.
- Parish Church of La Virgen del Rosario, 17<sup>th</sup> century. Albuñol.
- Casa de las Margaritas, Albuñol. The house in which the Spanish author Pedro Antonio de Alarcón wrote most of his work.

# **Route 5**: Inland villages

# PARQUE NAT. SIERRAS DE TEJEDA, ALMIJARA Y ALHAMA Otívar Otívar Otívar Otívar Molvízar de los Guájares and the warm Mediterranean coast, visitors can explo-

re a number of attractive inland villages such as Molvízar, Ítrabo, Jete, Otívar and Lentejí. Despite the fact that these villages are away from the most popular beaches in the province, they nonetheless benefit from having all the charm and tranquillity of the mountains.

Sharing a common past and history, each has their own distinctive character and there are remains which offer evidence of their key commercial role during the period of expansion of the first civilisations in the Mediterranean basin. Their height of splendour came with the Muslims who were responsible for the efficient exploitation of agricultural resources and they were to become authentic defensive strongholds against the constant threat of incursions by Berber pirates.

Typical street in Molvízar





Embraced by the Sierras of Cázulas and Almijara, Molvízar stands in an area of fertile floodplains, cultivated with tropical fruit, which gives it the appearance of a huge green tapestry. The well-conserved main town of the municipality is noted for its individual character and it provides an ideal setting for practising a broad range of outdoor activities from walking to paragliding. After a little exercise, there is nothing



better than savouring the delicious dishes of its traditional cuisine accompanied by a good *mosto* (must).

The legacy of the Moriscos is evident in the narrow lanes and immaculate white-washed houses and gardens of **Itrabo**. Two cultural routes pass through the village: the León el Africano (Leo the African) and alldrisi routes.

A stretch of pine forests lead the way to a spectacular natural area known as Cataratas del Paraíso - waterfalls originating from the Nacimiento, a stream which irrigates the fields of cherimoyas, mangos and citric fruits. These tropical crops blend harmoniously with extensive fields of vines which are used to produce a high quality mosto. Itrabo's great wine tradition is reflected in the Fiesta del Vino, in which the best wine producers in the province compete.

An overwhelming feeling of calm envelops the visitor when they arrive in **Jete**, a village situated half way between the **Costa Tropical** and the **Sierra Almijara**, which is



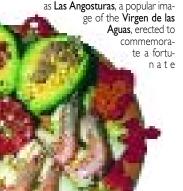


Views of Jete

38

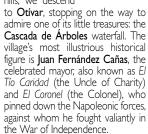
surrounded by spectacular green scenery.

The best way of getting a good idea of the village and its surroundings is either to stroll through its small and well preserved centre — where we can find the Parish Church which was built between the 16th and 17th century and houses works by Alonso de Mena -, or to follow the paths to its natural areas or forest tracks. In the area known



event that rid the town from a long period of draughts, is worshipped.

Passing by gorges, steep slopes, and rushing streams which erode the rugged hills, we descend



For its ecological value, this site has been included in the Sierras de Tejeda, Almijara and Alhama Natural Park. Both the flora and the fau-

#### ALSO VISIT ...

- Parish Church of Molvízar, 18th century.
- Church of Nuestra Señora del Carmen, 16th century. Ítrabo.
- Shrine of Nuestra Señora de la Salud, 17th century. Îtrabo.
- Shrine of the Virgen de Bohijar. Jete. Until 1936 housed a small sculpture believed to perform miracles which, according to tradition, appeared to a shepherd in the 16th century.
- Parish Church of Otívar. In Mudejar style, dedicated to San José.
- Argaric Necropolis, Lentejí. Situated in the shaded side of Tinajas, on a site known as Rotura de Cecilio, next to Chorrera del Papo.
- Parish Church, 16th century. Lentejí.

na, and particularly the mountain goat, make **Otívar** one of the most attractive places to visit in the area.

The last place on this tour of inland villages is **Lentejí**, from where there are marvellous views of the fertile fields and the desert, the open skies, the mountains, and the sea. It is the ideal spot for those who wish to go walking, ride mountain bikes, or enjoy the exhilarating experience of canyoneering.



Panoramic views of the town of Jete

